

South Australia Covid-19 Lockdown Update

The Growing Space November 18th 2020

Easy Read



Hard words

This document has some hard words.

The first time we write a hard word

- the word is in **purple**.
- we write what the word means.

If you need help with this document, you can get someone



- to help you to read it
- to explain the important information
- to help you find more information.



This document is written by

The Growing Space.

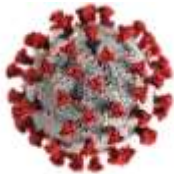
The words 'we' or 'us' mean

The Growing Space.



South Australia is in a 6 day lockdown.

This starts on Thursday morning.



This is to keep us safe from Covid-19 or Coronavirus

You can only leave your home for **essential travel.**



Essential travel is to go to

- the supermarket



- the chemist



- medical appointments



- get a covid test.



You should wear a mask when you leave your home.

This will help to stop the spread of the coronavirus.



It is very important to stay at home.



You cannot go for a walk or outside your house and yard to exercise.

What is closed now?



- shopping centres
- takeaway food
- schools
- cafes and restaurants and bars
- parks
- cinemas and bowling alleys
- most places where people work
- day programs



If you are an essential worker your child can go to school or childcare.



Vulnerable children will also be able to go to school or childcare.

Vulnerable is when someone needs support or protection.

What will stay open?



- supermarkets
- chemists
- vets
- post offices
- banks
- petrol stations
- doctors
- hospitals.



Your support coordinator can help you to arrange



- essential food and meals
- medical supplies
- consumable supplies.

To arrange this with your support coordinator you can



- call them
- text them
- email them.

You can still use support workers for essential services.



This includes help with behaviour support needs.

If you need to walk outside of your yard to help your behaviour you can ask your Support Coordinator for help.



Please contact your Growing Space support coordinator.

We will do what we can to help you.



You can click the link below to find out more information.

<https://www.covid-19.sa.gov.au/>



The Growing Space Learning Team made three videos with lots of tips for lockdown.

You can watch them for free.

You can see them here.

<https://learning.TheGrowingSpace.com.au/>

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This document was made with photosymbols.

